

Bibliography for Bereaved Parents

- Klass, D. **The Spiritual Lives of Bereaved Parents.** A psychologist advisor to parents whose children have died describes the many ways parents lose, find, or relocate spiritual anchors after the death of their children. This well-informed book shows ordinary people recreating extraordinary lives.
- McCracken, A. & Semel, M. A Broken Heart Still Beats. This remarkable collection of stories and comforting essays shows how hundreds of people—famous and ordinary—first endured and then rebuilt their lives after the death of a child.
- Mehren, E. **After the Darkest Hour the Sun Will Shine Again.** Telling her story and stories of other bereaved parents, the author shows how we do not get over the grief of a child but are changed by it. These moving stories show how healing takes place and how living the memory is part of the healing.
- Rosof, B. **The Worst Loss: How Families Heal from the Death of a Child.** *The Worst Loss* is a wise, well-informed book that will help many on the difficult journey of healing after the death of a child. The book is written in a down-to-earth style. The stories of families are sensitively and carefully told so that the reader gathers hope and knowledge from those who have gone before.
- Rosenblatt, Paul. **Help Your Marriage Survive The Death of a Child.** Parents whose child has died face challenges related to differences in styles of grief, finances, beliefs and more. Rosenblatt addresses these differences and shares how parents can rebuild even strengthen their lives together.